



SPRING 2020 PARENTING - ROSWELL

TIME: Parenting 1 - MON 5PM & Parenting 2 - TUES 11AM

LOCATION: 281 S. Atlanta St., Roswell 30075

WEEK	DATE	PARENTING 1: MON 5PM	DATE	PARENTING 2 : TUES 11AM
1	Jan 13	Changes & Body Image	Jan 14	Self-Worth
2	Jan 20	Health & Nutrition	Jan 21	Communicating with Respect
3	Jan 27	Fetal & Positive Brain Development	Jan 28	Ages & Stages: Infants & Toddlers
4	Feb 3	Empathy & Nurturing Self	Feb 4	Praising Children & Behaviors
5	Feb 10	Partners in Pregnancy	Feb 11	Building Self-Worth in Children
6	Feb 17	The Importance of Postitive Touch	Feb 18	Understanding Feelings
7	Feb 24	Understanding & Handling Stress	Feb 25	Postiive Ways to Deal with Stress
8	Mar 2	Developing Family Values & Rules	Mar 3	Developing Family Values & Rules
9	Mar 9	Diapering, Feeding & Bedtime	Mar 10	Rewards & Punishments
10	Mar 16	Parent/Child Bonding & Attachment	Mar 17	Parent/Child Bonding & Attachment
11	Mar 23	Problem Solving & Compromise	Mar 24	Problem Solving & Compromise
12	Mar 30	Class Summation	Mar 31	Class Summation

Please note that classes listed above may not be offered on the day listed based on the availability of speakers

Mini-Courses begin in April 2020. Sign up for all classes at www.pregnancyaidclinic.com/classes